

A Future with Care

Steps towards implementing long-term care systems

September 5-7 San Jose, Costa Rica

Organized by RedCUIDAR+ Long-Term Care Policy Network in Latin America and the Caribbean

AGENDA

Tuesday, September 5th

9:00 am 12:30 pm	Meeting for the constitution of the Central American chapter of RedCUIDAR+ <i>* Only for representatives of countries that are part of the Central American Integration System (Belize, Costa Rica, El Salvador, Guatemala, Honduras, Nicaragua, Dominican Republic and Panama)</i>
4:30 pm	Coffee and participant registration
5:00 pm	Care library (Icebreaker activity) <i>In this integration dynamic, you will have the opportunity to learn firsthand about the daily lives of individuals who are dependent on care, their relatives, and the people who work to provide long-term care.</i>
7:00 pm	Get-together

Wednesday, September 6th

	Breakfast
9:00 am	Opening ceremony
10:15 am 11:45 am	Services for aging in place <i>In this session, several countries will share their experience in implementing long-term care services that enable care-dependent older people to continue living in their communities.</i>
11:45 am 12:00 pm	Coffee

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12:00 pm 1:00 pm	Group Activity <i>In this first group dynamic you will reflect together with other government representatives from the region on the steps your country has taken towards the implementation of long-term care systems.</i>
1:00 pm 2:30 pm	Lunch
2:30 pm 4:00 pm	Training for caregivers <i>The quality of long-term care services hinges to a large extent on the talent available. This session presents best practices for implementing training programs and improving caregiver training.</i>
4:00 pm	Coffee
4:30 pm 5:30 pm	Group Activity <i>In this second group dynamic you will reflect together with other government representatives from the region on the previous sessions and you will advance in the design of a roadmap to implement long-term care systems in your country.</i>
7:00 pm	Dinner

Thursday, September 7th

7:00 am	Field visits to long-term care services providers including day centers and residences
12:30 pm 2:00 pm	Lunch
2:00 pm 3:30 pm	Investing in long-term care systems <i>To ensure that care-dependent people have access to quality services, countries should invest in care. This type of investment can also advance gender equality and make healthcare services more efficient. This session covers the complex question of how to sway politicians and secure the funds needed to achieve this goal.</i>
3:30 pm 3:45 pm	Coffee
3:45 pm 4:45 pm	Group Activity <i>In this last interactive session, you will reflect and share what you consider to be the next steps that the government of your country must take to build a future with care.</i>
4:45 pm 5:00 pm	Coffee
5:00 pm 5:30 pm	5 takeaways <i>Closing session by entities leading RedCUIDAR+</i>
6:00 pm	Cocktail